## NO FRILLS MEET

WHEN: OCTOBER 29<sup>TH</sup>, 2017 10AM

WHERE: ONE WORLD GYMNASTICS

1300 HILLTOP AVE

CHICAGO HEIGHTS, IL 60411

PURPOSE: THIS MEET IS ONLY FOR ATHLETES THAT NEED TO COMPETE A MEET KEEP THEIR MOBILITY FOR THE NEW QUAD. LEVELS 8, 9 AND 10 ONLY.

COST: \$35 AN ATHLETE

SUBMIT ENTRIES TO <u>JULIEM@ONEWORLDGYMNASTICS.COM</u> BY OCT. 20<sup>TH</sup>.

NO FRILLS MEANS THERE WILL BE NO AWARDS GIVEN AND THERE IS VERY, VERY LIMITED SEATING SO COACHES PLEASE EXPRESS THIS TO YOUR PARENTS.

MAKE SURE ALL USAG MEMBERSHIPS ARE CURRENT INCLUDING COACHES!!! NOONE WILL BE ALLOWED ON THE FLOOR IF THEY ARE NOT CURRENT!!!

This will be a USAG sanctioned event.